

INSTRUCTIONAL  
**LEADERSHIP**  
ASSOCIATION

The  
Instructional  
Leadership  
Show

Episode #13

# The Achievement Science Daily Scorecard + Planner



# Our Focus

The Instructional Leadership Show exists to help you:

- Confidently get into classrooms every day
- Have feedback conversations that change teacher practice
- Discover your best opportunities for school improvement



# The Achievement Science Daily Scorecard + Planner



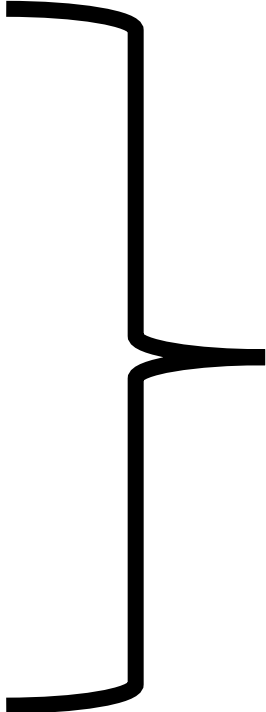
How can we be productive, even on  
non-school days?

How can we account for the non-task work  
that's on our minds, yet still push ourselves  
to achieve more on behalf of students?



# Non-Task Work

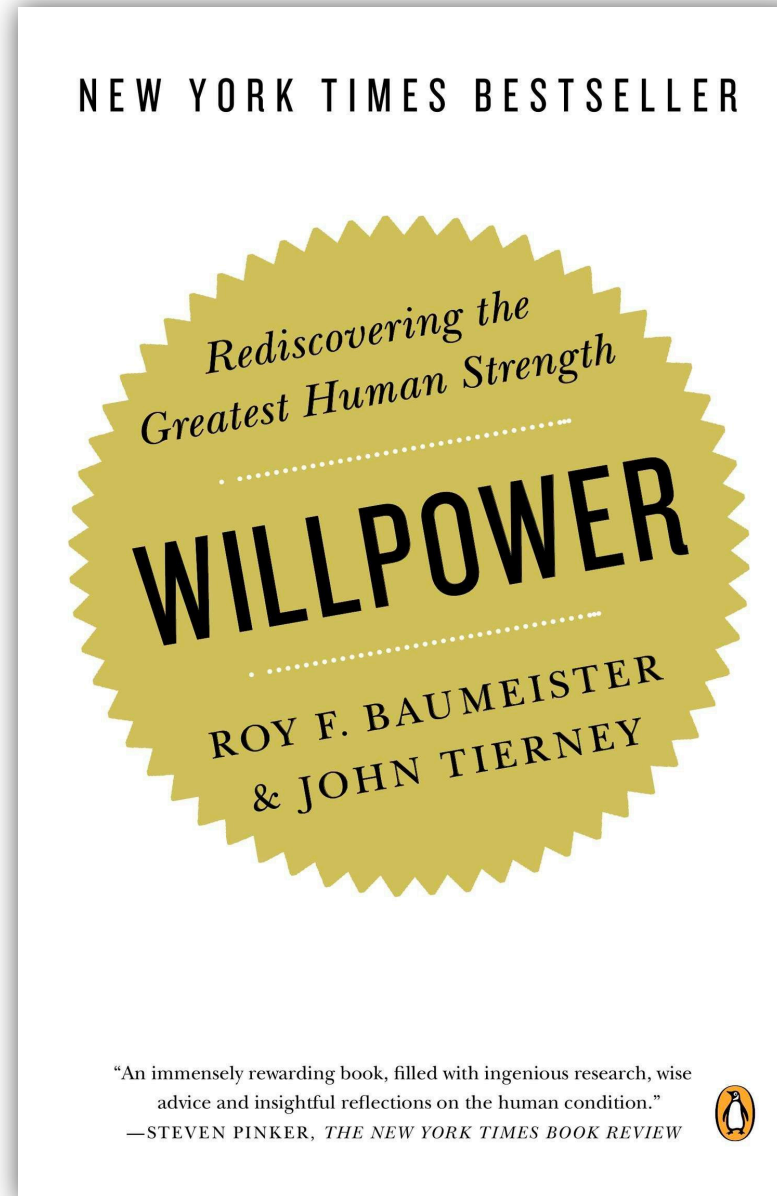
- Decision-making
- Emotional labor
- Caring work
- Family time
- Recovering



This is real work!

# Ego Depletion

- Glucose
- Fatigue
- Repeated decision-making
- Emotional regulation
- Time of day

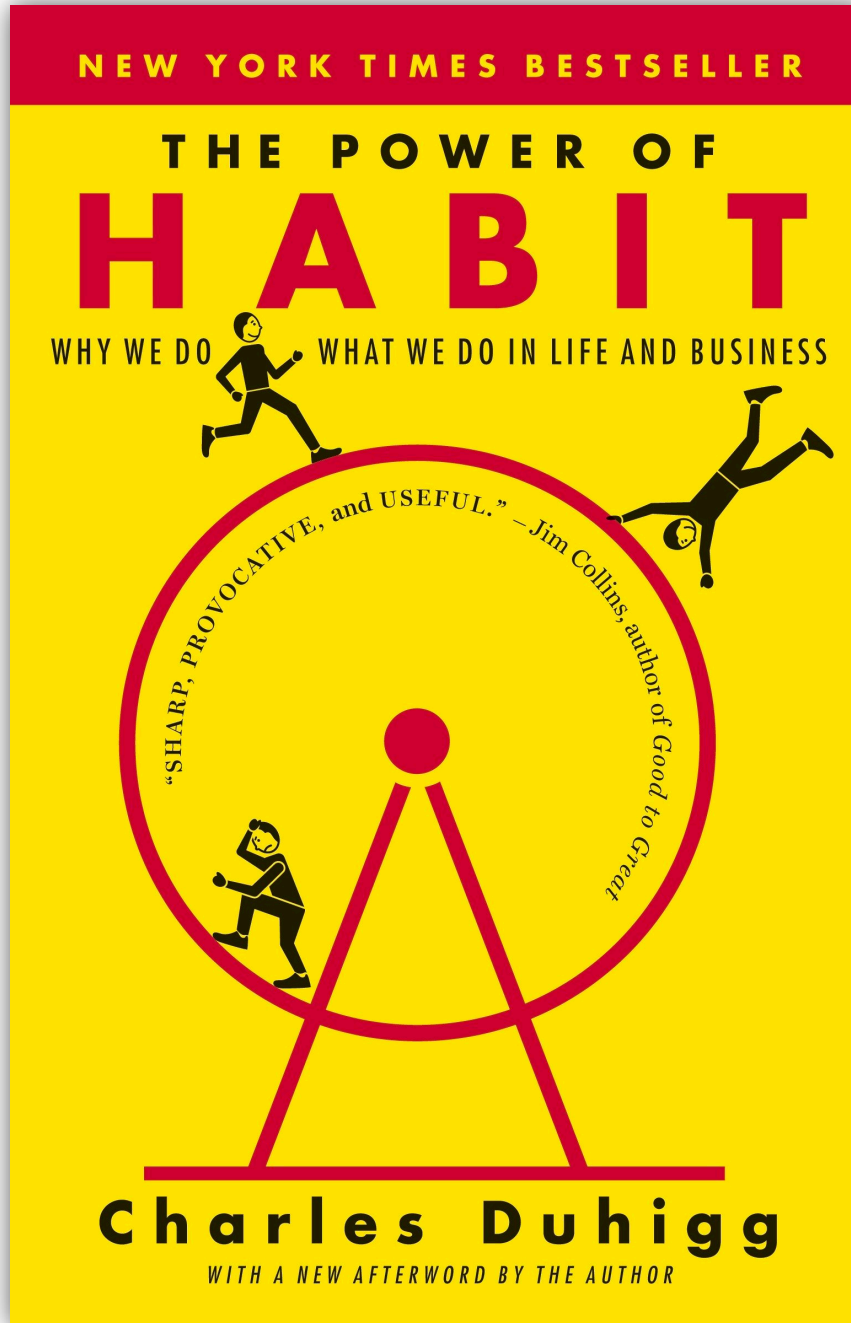


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# Habits

Anything we do  
by habit doesn't  
trigger ego  
depletion

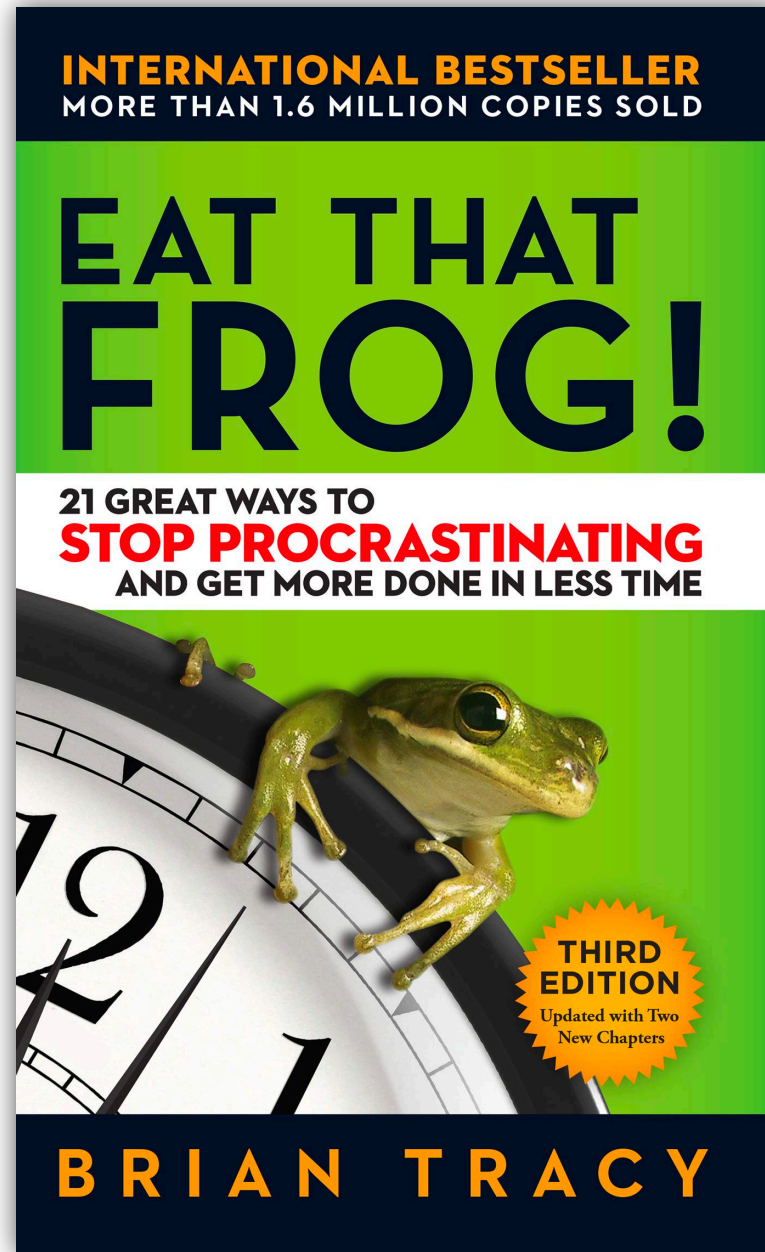


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# Scheduling

- What tasks will require the most mental energy?
  - Do first
- Which can be done in a depleted state?
  - Save for later



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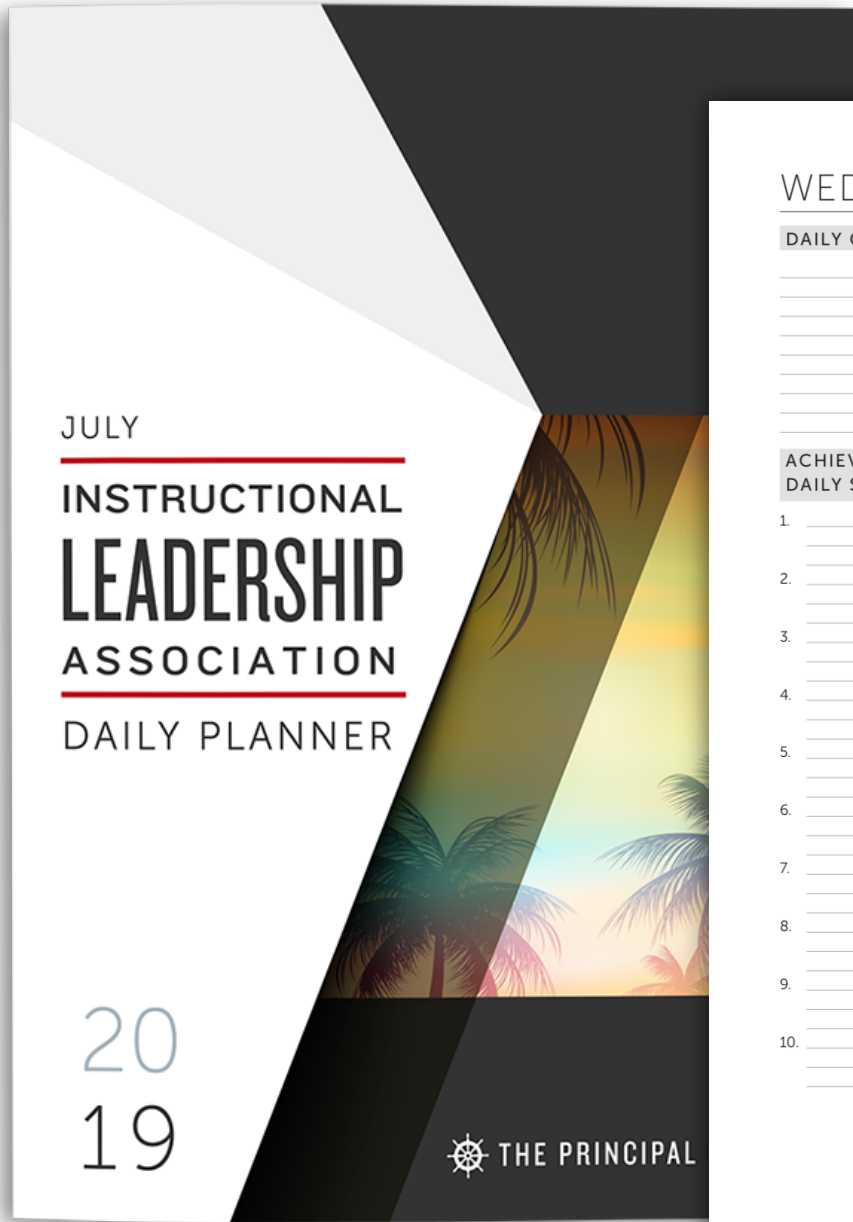
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# The Achievement Science Daily Scorecard

- Plan to “score” 10 points a day
- Assign points to what you want to accomplish
- Big “frog” tasks can be several points
- Count “non-task” work
- Don’t count 100% automatic habits
- Raise the bar







JULY

**INSTRUCTIONAL LEADERSHIP ASSOCIATION**

DAILY PLANNER

20  
19

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DAILY NOTES JULY 17TH

WEDNESDAY JULY 17TH

DAILY GRATITUDE

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

TODAY'S SCHEDULE

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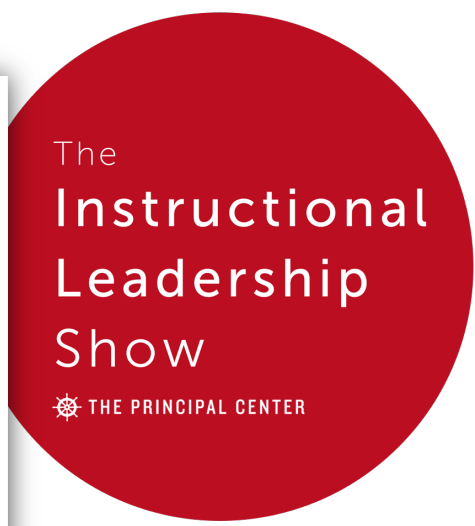
ACHIEVEMENT SCIENCE™  
DAILY SCORECARD

1. \_\_\_\_\_   
2. \_\_\_\_\_   
3. \_\_\_\_\_   
4. \_\_\_\_\_   
5. \_\_\_\_\_   
6. \_\_\_\_\_   
7. \_\_\_\_\_   
8. \_\_\_\_\_   
9. \_\_\_\_\_   
10. \_\_\_\_\_

Plan tomorrow's schedule & visits

Leave at \_\_\_\_\_

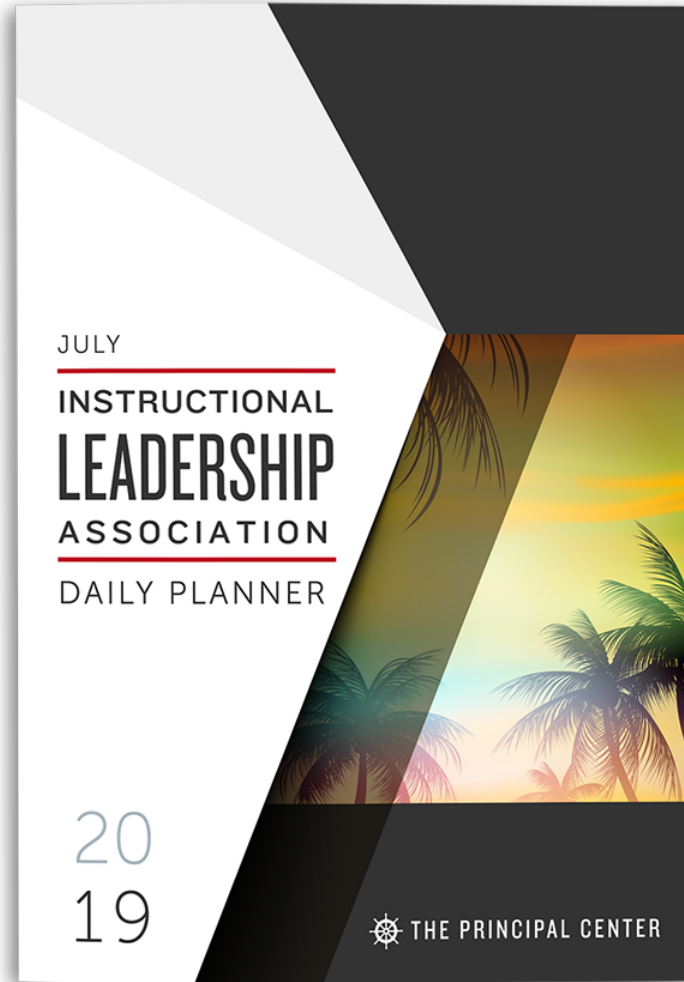
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